Programs and Projects of The Arc

Referral Services

The Arc of Shelby County, in collaboration with The Arc of Indiana and The Arc of the United States, exists to provide services and assistance to families of, and individuals with, special needs. In order to meet and fulfill this purpose, we provide information on the various organizations and agencies available in our area. Following are some of those to which we make regular referrals:

The Arc of Indiana 143 W. Market St. Suite 200 Indianapolis, IN 46204 Ph: 800-382-9100 info@arcind.org

Autism Society of Indiana 1800 N. Meridian St. Suite 600 Indianapolis, IN 46202 Ph: 800-609-8449 info@inautism.org

Voc Rehabilitation Services 2346 S. Lynhurst Dr., Bldg 100 Indianapolis, IN 46241 Ph: 317-205-0100 Matt.Rodway@fssa.in.gov

Down Syndrome Indiana 708 E. Michigan Street Indianapolis, IN 46202 Ph: 317-925-7617 info@dsindiana.org About Special Kids (ASK)

7172 Graham Road, Suite 100 Indianapolis, IN 46250 Ph: 317-257-8683 familynetw@aboutspecialkids.org

Disability Legal Services of IN 5954 N. College Ave. Indianapolis, IN 46220

Ph: 317-426-7733 info@disabilitylegalservicesin.org

Family Voices of Indiana
445 N. Pennsylvania St. Ste.
941

Indianapolis, IN 46204 Ph: 317-944-8987 info@fvindiana.org

United Cerebral Palsy Indiana 8020 Zionsville Road

8020 Zionsville Road Indianapolis, IN 46268 Ph: 317-632-3561 Kelley@ucpaindy.org

The office of The Arc of Shelby County maintains an updated list of agencies and organizations that provide services for special needs families and individuals. Just contact our office and we will help guide you to the best source necessary to help meet your needs.

Membership meetings will be held periodically to help families and individuals stay current on events and also help provide information that is beneficial in helping them provide the best care and service possible for their loved ones. A newsletter will be published at least 5 times annually in order to keep members informed.





The SENSES Gym opened officially on February 1, 2016 and has now enrolled almost 2000 children in the program. It is an exciting and safe alternative to typical outdoor playgrounds. Designed especially for kids who need sensory recreation, it is beneficial for kids who have other needs. Kids with Autism, are on the Autism spectrum, have sensory processing disorders, ADHD, Down syndrome, Asperger's Syndrome and similar special needs can benefiit from this type of play and recreation. Recent studies show that all children can learn and grow from sensory recreation. To kids, this is a giant indoor playground, and as they play, they are getting part of their sensory "diet".

SENSES is designed for kids aged 1-6 years old. For those currently receiving therapy or those who just need a fun place to play, learn and grow, this may be just the place for them. Over half the kids enrolled do not have special needs, they just come and have fun. All kids in this age group are welcome. We are handicapped accessible and have had parents and professionals from all over central Indiana coming in to check us out.

SENSES is not expensive. There is a modest persession fee, and, with advance reservations, we can help host kids birthday parties or other special events.



Parents must attend the sessions with their children. They work with and guide them in learning how to safely use

the equipment, toys and gadgets and engage socially with other children. Pick up one of our SENSES brochures for more details about this great new learning, playing and growing opportunity for your child.

Chartered in 2009, the Shelbyville VC Aktion Club now has about 50 adult members. Most of them live with a disability. The club is sponsored and



supported by The Arc of Shelby County and the Shelbyville Kiwanis Club. The mission of the Aktion Club is to provide members with an opportunity to develop initiative and leadership skills and team skills to better serve their community. In doing so, they will be more integrated into the community and society and be able to demonstrate the dignity and value of citizens and neighbors living with a disability.

Some of the fundraisers of the club include; making and selling Christmas ornaments, car washes, and parking cars for the Indianapolis Colts football games. Service projects include; Headstart Children Santa project, Shelby County Animal Shelter, Special Olympics, Salvation Army Food Pantry, Trinity United Methodist Church, Special Ed Classes, Riley Hospital for Children and The Arc of Shelby County SENSES program.