#### WHAT IS SENSES?

Senses is an exciting and safe alternative to typical playgrounds. It is designed especially for sensory recreation. It is great for kids who have Autism, are on the Autism Spectrum, have Sensory Processing Disorders, ADHD, Down's syndrome, Asperger's Syndrome, and all children who need and can benefit from sensory recreation. To kids, this is a giant indoor playground, and as they play, they are getting part of their "sensory" diet.



The light room is just one of several play areas to enjoy.

# WHY IS IT "PARENT LED?

Parents and guardians are expected to work with and guide their children in learning how to safely use the equipment, toys and gadgets. Parents will also help their child engage socially with other children while they experience the various sensory equipment. The Arc volunteers will make every effort to seek input and guidance from professionals in the field and the special education professionals in the local public school system, but parents must play the lead role in working with their children.



The 24-foot tactile wall is a major feature of the gym.

### WHO CAN COME TO PLAY?

Senses will be available to the Golden Bear Preschool Academy several times during the week. It is also open to other community children ages 1 to 6. The gym is very beneficial to all children but is especially good for those who have special needs. Senses is a valuable tool for those currently receiving therapy but also those who just need a fun and great place to play, learn and grow. All children will enjoy, and benefit from, what the gym has to offer.

## **HOW MUCH DOES IT COST?**

Thanks to a grant from the Blue River Community Foundation, The Arc of Shelby County and the City of Shelbyville Racino funds, we are able to offer sessions in the gym at only a modest per-session fee. The small charge will help pay for the replacement of current equipment and help us keep the gym operating with current and new items well into the future. If a family is unable to pay a partial or full fee, we will work to find a way to help. The gym will sometimes offer "open gym" at times that do not require advanced reservations



The "bean box" seems to attract most children!

#### **HOW CAN MY CHILD JOIN?**

Simply call one of the phone numbers on the front of this brochure for a reservation or send an email to <a href="mailto:collins.don@comcast.net">collins.don@comcast.net</a> or <a href="mailto:hforville@gmail.com">hforville@gmail.com</a>. You may also drop us a message on Facebook at www.facebook.com/sensesgym. During your first session we will ask that you complete the enrollment forms. That's it. Remember, this gym is beneficial to all children but especially helpful to kids with a disability.



The "handkerchief chute" is also a big favorite!

Reservations may be made (in advance) to use the gym for small-group birthday parties or similar event celebrations.