## A HISTORY OF MAKING A DIFFERENCE

The Arc of Indiana was established in 1956 by parents of children with intellectual and developmental disabilities who joined together to build a better and more accepting world for their children. The Arc of Shelby County was established in 1966 by local parents and professionals seeking to obtain a public school education for their children. Some parents also wanted their adult children to have employment or adult day services.

In 1969, the Indiana State legislature passed a law requiring a free public school education for all children. Children living with a disability could no longer be excluded. Unfortunately, it was not until 1973 that sufficient funding was approved to actually begin special education services.

In 1972, The Arc of Shelby County applied for, and was approved for, a federal grant in the amount of \$15,000. This grant was used to hire the first executive director of Handicapped, Inc. It was a small sheltered workshop and served about 10 developmentally disabled adults. In 1974, an executive director was hired and the organization name was changed to Shares, Inc. and that name remains today.

The local chapter continued to operate with various programs until 1996. In 2015, a group of interested parents and others, decided to re-start the local chapter in order to help parents needing assistance in raising their special needs children.

### **WE WORK EVERY DAY TO:**

- ➤ Empower families with information and resources to help their children lead full and meaningful lives.
- ➤ Guide and support people living with an intellectual or developmental disability (I/DD) to be self-sufficient and independent to the greatest extent possible.
- Inspire positive change in public policy and in public attitudes towards those living with a disability or special need.
- ➤ Promote public awareness of the importance of prenatal care.
- > Serve as a voice and advocate for families and their loved ones living with a disability.
- ➤ Help demonstrate that all persons have value and can contribute to making our community a better place to live a more productive life.



The SENSES Indoor Playroom Gym is now proud to be a part of the SCUFFY family of services provided to the young children of Shelby County.



The Unique 24-foot, 6-panel Tactile Wall, Featuring Almost 100 Sensory Items of all Kinds





# A Service of The Arc of Shelby County







Gym Address:
1115 E. State Road 44
Shelbyville, IN 46176
Mail Address:
1202 Highpointe Blvd.
Shelbyville, IN 46176
(Located adjacent to SCS
Golden Bear Preschool)
317-370-8238
317-398-9708

Check us out @

www.facebook.com/sensesgym www.sensesgym.org

This facility was made possible by the generous help and support of the Blue River Community Foundation, The City of Shelbyville and Shelby County Racino Funds, The Arc of Shelby County and the Shelbyville VC Aktion Club.

### WHAT IS SENSES?

Senses is an exciting and safe alternative to typical playgrounds. It is designed especially for sensory recreation. It is great for kids who have Autism, are on the Autism Spectrum, have Sensory Processing Disorders, ADHD, Down's syndrome, Asperger's Syndrome, and all children who need and can benefit from sensory recreation. To kids, this is a giant indoor playground, and as they play, they are getting part of their "sensory" diet.



The light room is just one of several play areas to enjoy.

## WHY IS IT "PARENT LED?

Parents and guardians are expected to work with and guide their children in learning how to safely use the equipment, toys and gadgets. Parents will also help their child engage socially with other children while they experience the various sensory equipment. The Arc volunteers will make every effort to seek input and guidance from professionals in the field and the special education professionals in the local public school system, but parents must play the lead role in working with their children.



The 24-foot tactile wall is a major feature of the gym.

## WHO CAN COME TO PLAY?

Senses will be available to the Golden Bear Preschool Academy several times during the week. It is also open to other community children ages 1 to 6. The gym is very beneficial to all children but is especially good for those who have special needs. Senses is a valuable tool for those currently receiving therapy but also those who just need a fun and great place to play, learn and grow. All children will enjoy, and benefit from, what the gym has to offer.

## **HOW MUCH DOES IT COST?**

Thanks to a grant from the Blue River Community Foundation, The Arc of Shelby County and the City of Shelbyville Racino funds, we are able to offer sessions in the gym at only a modest per-session fee. The small charge will help pay for the replacement of current equipment and help us keep the gym operating with current and new items well into the future. If a family is unable to pay a partial or full fee, we will work to find a way to help. The gym will sometimes offer "open gym" at times that do not require advanced reservations.



The "bean box" seems to attract most children!

## **HOW CAN MY CHILD JOIN?**

Simply call one of the phone numbers on the front of this brochure for a reservation or send an email to <a href="mailto:collins.don@comcast.net">collins.don@comcast.net</a> or <a href="mailto:hforville@gmail.com">hforville@gmail.com</a>. You may also drop us a message on Facebook at www.facebook.com/sensesgym. During your first session we will ask that you complete the enrollment forms. That's it. Remember, this gym is beneficial to all children but especially helpful to kids with a disability.



The "handkerchief chute" is also a big favorite!

Reservations may be made (in advance) to use the gym for small-group birthday parties or similar event celebrations.